



HOW + WHERE TO GET VACCINATED

Upcoming COVID-19 Vaccination Schedule

- **Garberville**
Thursday, March 3rd from 9am to 12pm and 1pm to 4pm
286 Sprowel Creek Road
- **Redway**
Wednesday, March 9th from 1:30pm to 6pm
SoHum Family Resource Center, 344 Humboldt Avenue
- **Shelter Cove**
Thursday, March 10th from 4pm to 6pm
Gyppo Ale Mill, 1661 Upper Pacific Drive

COVID-19 vaccines are available on a walk-in basis.

Flu Shots

When: Monday—Friday
Times: 9:30am to 1pm and 3pm to 5:30pm
Location: Garberville Pharmacy, 286 Sprowel Creek Road, Garberville
Flu shots are available on a walk-in basis.

What if I'm not sure if I've had my immunizations?

You and your Southern Humboldt Community Clinic provider can review your immunization record and make a plan for getting up to date on any shots you or your children are due for.

Schedule an appointment by calling **(707) 923-3921 ext. 221**.

This mailer and vaccine incentives paid for with grant funds from the Health Resources and Services Administration.

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SoHum Health

sohumhealth.org
(707) 923-3921 · inquire@shchd.org
733 Cedar Street, Garberville, CA 95542

JOIN US!

Sign up for our quarterly e-newsletter, SoHum Vitals, to stay informed about what SoHum Health has to offer
www.sohumhealth.org/stay-informed

Or follow us on Facebook **@JeroldPhelpsHospital**

ARE YOUR IMMUNIZATIONS UP-TO-DATE?



SoHum Health

WHY IT'S SO IMPORTANT TO GET VACCINATED



Prior to the COVID-19 pandemic, approximately **50,000** adults died from vaccine-preventable diseases every year in the United States. Millions of adults get sick from vaccine-preventable diseases each year, leaving them unable to work or care for those who depend on them.

By keeping current with recommended vaccinations, these situations can be prevented. While many fear potential side effects associated with vaccines, most are uncommon and much less severe than the diseases they prevent.

When you get vaccinated, you are not only protecting yourself, but your family, friends, and those in your community who may not be able to get vaccinated.

Recommended Vaccinations include:

- **COVID-19 Vaccine**
Recommended for children ages 5 and older, and adults.
Schedule an appointment at myturn.ca.gov
- **Gardasil HPV Vaccine**
Recommended for teen boys and girls before age 15, the vaccine can prevent certain cancers and genital warts.
- **Pneumovax Vaccine**
Recommended for adults 65+, and protects against Pneumococcal bacteria that causes pneumonia and meningitis.
- **Shingrix Vaccine**
Recommended for adults 50+, Shingrix prevents shingles, a resurgence of the chicken pox virus). Available at Garberville Pharmacy.
- **Combo10 Childhood Vaccine Series**
Protects against 10 different life-threatening diseases and helps maintain herd immunity so these viruses won't return and become a threat.

**All of these vaccines are available at SoHum Health.
Call (707) 923-3921 ext. 221 to schedule a vaccine appointment.**

GET VACCINATED, GET REWARDS!

There's no better time to get your vaccinations! Beginning in March, every patient who receives a vaccine from SoHum Health will get their choice of prize at their appointment. Prizes include \$10 gift cards, Il Forno Bakery vouchers, Girl Scout cookies and more!
(One prize per vaccine received, while supplies last.)

You can receive prizes at these upcoming Vaccine Pop-Up events! Simply bring your vaccine card or proof that you or your children have received any vaccines from July 2021—March 2022 and you'll receive a prize.

VACCINE POP-UP EVENTS

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- **Redway**
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SoHum Family Resource Center, 344 Humboldt Avenue
- **Shelter Cove**
Thursday, March 10th from 4pm to 6pm
Gypso Ale Mill, 1661 Upper Pacific Drive

If you are unable to attend one of these dates, email vax@shchd.org to inquire about alternate arrangements.

