

October Vitals

Issue No. 80

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~ Human Resources ~

New Hires

Nancy Cota – RN Chelsea Hebard – LVN Gicela Lopez – PFSR Pepe Olano – CLS

Anniversaries

1 year

Wei "Angie" Xu – RN Rondall Horn – Security Mona Hodges – X-Ray 2 years

Mickelle Ammer -- RN

Helen Hagler – 10/06 Wei "Angie" Xu – 10/12 Marylyn Berry – 10/23 **3 years** Holly Hurdal - RN **14 years** Marie Brown



Birthdays

Kristen Rees – 10/28 Hunter Tucker-Lehnert – 10/30



October's KUDOS winner is Chris Hyden, Emergency Department Technician (ED Tech). His winning entry was submitted by Karen, RN. Karen wrote "Kudos for being a really proactive co-worker and going the extra mile, being eager to learn and a pleasure to work with!" Congratulations on being this month's KUDOs winner

Chris, please stop by the Human Resources office to claim you gift card

Additional KUDOS Submissions

"Kudos to Serena and Nicole for helping with Dr. M and Dr. Shabana's party. I couldn't have done it without you!" Julie

"Judy, fitting in like a rock star! Thank you for all your hard work and patience!" Kristen Rees

"Kudos to Tracey for helping with clean-up of dishes for Dr. M and Dr. Shabana's party..." Julie

"Kudos to Holly for transitioning back to the floor and always being a great team player with an awesome listening ear." Karen, RN

"Kudos to Ron Horn who always walks employees to their cars and makes us feel very safe and for being a team player and making coffee!" Karen, RN

*** Thank you to everyone who submitted KUDOS this month. Keep them coming! Who knows... maybe next month the KUDOS winner will be someone you nominated! ***

- Hunter Tucker, Human Resources Manager

Greetings from the Board

What an exciting time it is to be involved with our Healthcare District!

It's great to see all the new faces, to hear about the progress being made in virtually every department, and to work with you as we plan for our future.

The Board's major thrust in the coming months is to communicate effectively with our SoHum community about all the work you are doing to expand and improve services, as well as to engage the community's support in our long-term joint effort to build a new hospital.

Cheers! Barb Truitt

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Happy October from the EDC. We had a great turnout for our end of the summer barbeque and we would like to thank everyone who helped out, Matt and Paul our makeshift chefs, Denise, Mona, Malorie, Christina and Kristen. If we have left anyone out please know we appreciate all your help. We have a few things planned for the month of October, we have a pumpkin carving contest and a freaky finger contest, keep an eye on the bulletin boards for the dates.

We at the EDC would love to have as many members as possible so if you want to have tons of fun planning awesome activities for your coworkers see any member and join up. We have started planning our future events for November and December also. Suggestions are always appreciated.

"Individually, we are one drop. Together, we are an ocean." Hey Everyone, October 1 is the first day of flu season! Please do your part to protect our patients and residents by getting your annual flu shot. Even healthy people can get very sick from the flu and spread it to others.

The seasonal flu vaccine protects against the viruses that research suggests will circulate the most this season. You will also be protecting your co-workers and family from this potentially serious illness. *EVERYONE WHO GETS THEIR FLU SHOT BEFORE NOVEMEBR 1 WILL HAVE THEIR NAME ENTERED IN A RAFFLE FOR A \$50 AMAZON GIFT CARD (ONE NAME WILL BE PICKED).* I will be roving the hospital with my flu cart and offering shots starting Monday, October 3.



Shots will also be available before and after several of the Annual In-service sessions being held in the Dimmick Room from October 5 through October 11. A Flu Clinic schedule for the remainder of the month will be e-mailed to all the week of October 10. Thank you for helping to Fight the Flu!

Chris Hammond, Infection Prevention/Employee Health

ED/Acute Nursing Updates

We have hired a new RN, Nancy Cota, please say hello and welcome her to our team. Vanessa King and I attended the Disaster Preparedness Conference in Sacramento and we look forward to sharing and training staff on the new recommendations for efficiently handling disasters.

Marilyn Berry, RN and Madeline Horton, RN attended a Pediatric Training Conference at UC Davis. They reported learning a lot of great material and having hands-on training. We now have an Emergency Technician scheduled for every shift and are very close to having 11-11 swing shift scheduled every day.

The nursing staff has had a very busy summer. I want to thank all of the nursing staff for all of their hard work and tireless efforts in providing quality and efficient care to all of our patients. Your gentle touch has a lasting impact on our patients' lives.

Angel LaRue, Interim ER/Acute Nurse Manager

Nursing Department News

I have to thank everyone who has been involved today in our renewed New Employee Orientation program. Everyone who contributed to the program has played a significant role in welcoming our new staff. Things have gone well and everyone was on schedule; I think we can call it a success. The group will meet next week to debrief and discuss what went well and what might need to be improved. Thanks again to all who helped, it is so much appreciated, great team work!!

Hunter Tucker for her expertise in HR policies and state mandated requirements

Chris Hammond for her expertise in Infection Prevention and Employee Health

Guy Vitello who gave an enthusiastic presentation of Hospital Safety Compliance and a great tour; we know where the gas and water shut offs are now!

Margo Acuna for the last minute request for hot coffee and water, thanks

Troy Hetherwick for his help and support as I had to trouble shoot entering staff IDs into the glucometer

Todd Gregory who helped us figure out what channel to use for the "Bring Screen"

Lora Simone who made a call to Kent for help with the video equipment

Julie Moore who wrote the first draft of the Agenda, and helped me find a charger for my phone today

Angel LaRue who came in on her day off to teach CLIA requirements to the new nurses

Vanessa King for helping me to find necessary equipment and help Angel

Sarah Beach for all the support and her willingness to teach skills next week to the new nurses

Susan Gardner for finding the space on the calendar and booking the room for us

Thanks to Denise Dills for making copies for me

Chris Valk in Operations for opening the door every time I forgot the code!

Judy Gallagher, MSN, RN, Chief Nursing Officer Director of Patient Care Services

Check out our Patient Portal



I urge everyone who is a patient with Southern Humboldt Community Healthcare District to sign up for patient portal...

If you have not already done so please see a PFS staff member and they can assist you with this process.

If you have been to our ER in the past year please log into your patient portal account and view your record from your visit. This will help us obtain Meaningful Use (MU).

Julie Moore, Clinic Manager